Thank you to all the Parents who attended and supported our Art Show and Auction. It was a highly successful event. The children were very proud of their Art work and enjoyed it being displayed in such a manner. The school choir and band’s C/D playing in the background was lovely, showcasing not only our students’ artistic talents but also their musical abilities. Thank you very much also to the parents that attended the auction, we made close to $9000 profit which was a gallant effort for our inaugural event. The calendars depicting the children’s art work sold out quickly. We have placed another order so, if you would like one please place an order at the office.

The Art show raffle 1st prize was won by Barbara Lynch donated from local artist: Dak. 2nd prize won by Norm Kleinsmith: A Plough Point Flower donated by DeCoite by Design. 3rd Prize was won by Sarah Caile: Children’s Art Pack.

Thank you also to all the parents that supported the Book Fair, this was also a very successful event. Many thanks to Judy Callaghan for organising it.


The Education Department has asked me to forward this information about the expectation of severe flooding over the holidays……..

As the school holidays are approaching, you may have plans to travel on Victoria’s roads. Significant rain is expected to fall over much of Victoria over the next few days, which may result in flooding. Because of this rainfall, there is an increased risk to those travelling on our roads, and it is possible that houses across the State may be impacted as well. I urge you to heed the following advice from emergency services:

You should never drive through floodwater – it only takes about 15 centimetres of water to lose control of your vehicle.

Drive to the conditions around you and be aware of road hazards such as mud, debris, damaged roads and bridges.

Roads in your area could be damaged by the bad weather so plan your journey and monitor VicTraffic for road condition updates and any road closures, see: VicTraffic

Never swim, walk or play in floodwater, it is dangerous and may contain hazardous debris or toxins.

If your property is at risk of flooding, please raise belongings onto tables, benches or beds and if you are on a farm, consider moving your livestock to higher ground.

Remain informed with emergency broadcasters to ensure you are up-to-date with the latest conditions and if possible, make sure your neighbours are aware of the situation. For more information, see: VicEmergency

Many thanks, and have a safe and enjoyable holiday break.
Sue Becker
Principal
**Cowes Primary School Values**

**Decision Making**

Do you find yourself frustrated when you work with groups? Groups make decisions in different ways to individuals. There are many advantages of working collaboratively with other students to make decisions. To make the most of the experience as a team member, remember to:

- Be an active participant; don’t wait for another team member to do all the work.
- Open communication and the contribution of ideas and information is essential for successful and highly performing teams to make decisions.
- Respect your fellow team members.
- Be aware that each team member will have unique talents and ways of learning.
- Learn to work cooperatively because the success of your team and ability to arrive at a decision will depend on helping each other.

Individuals within a team all have unique skills and strengths. It is only when the contributions of **ALL** team members are valued that teams will function efficiently.

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**Uniform Shop**

The uniform shop is open each Monday of the school term at 8.30 to 9am. Orders can also be left at the office.

**Fleecy jumper Special**

Uniform shop has fleecy jumpers half zip size 10 only for sale at $20.

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**Welcome to Camp Australia**

**After School Care**

Our operation hours are 3.30pm-6.00pm.

After school care contact number- 0424 483 477.

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**Cowes Primary School Senior Concert**

Our Senior Concert will be held on Thursday 20th October at 6pm. Students should arrive no later than 5.30pm. (inclement weather backup date 27th Oct) at the Cowes Amphitheatre (Cowes Foreshore)

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**Cowes Primary School Annual Trivia night**

**is on**

**Friday October 14**

**at the Continental**

**More details next term**
Bass Coast District Bike Education Challenge

On Tuesday September 13, 25 students from Cowes Primary School attended Newhaven Primary School, for the Bass Coast District Bike Education Challenge. Thirteen teams from seven schools participated. The weather proved to challenge the students before they even got there. The forecast was bleak so the challenge was moved inside. This proved to be a hard hurdle for all the cyclists as they have been training outside for the last couple of months. All three teams did an amazing job. Cowes had three teams with Red and Green teams coming fourth and fifth respectively and Blue team winning overall. Congratulations to Hannah Simmons (Captain), Ben Taylor, Poppy Marshall, Brady Ross, Jorja Newman, Elijah Fokkens, Chloe Woolley, Natasha Howson and Jack Huther. Cowes also won further awards with Hannah Simmons and Tony Spinelli-Dennis both winning best girl and boy riders. Jemima Aitken, Fletcher Hill, and Ben Taylor took part in the limbo challenge with Jemima coming second. Encouragement awards were issued to Natasha Howson, Lola Ward and Chloe Woolley and Jemima Aitken for their amazing improvement. A team will be sent to contest the State Finals in Morwell in late October.

Winning best boy rider Tony Spinelli-Dennis and best girl rider Hannah Simmons pictured with Don Turner.
Division Athletics Report

Last Thursday September 8, 17 Cowes Primary School students attended Wonthaggi Secondary College to participate in the Division Athletics Championships. They all participated well and behaved fantastically. Special mention goes to Tejaye Kleverkamp who broke the record for Shot Put and Lachlan Taylor who broke the record for Long Jump. Overall students qualified to participate in 13 events at Regionals next term.

Left to right:
Coastal Ambassadors

Wednesday September 7 was the annual Coastal Ambassadors program at The Nobbies Visitors Centre. This event is part of the ‘Kids Teaching Kids’ program. The program aims to:

To increase student knowledge on current environmental issues.

To develop student’s interpersonal and intrapersonal skills for increased involvement in leadership roles including communication, negotiation, team work and reflection.

To empower young leaders to take environmental and community based action.

To create a network of young environmental leaders from across Gippsland and Victoria.

Cowes Primary School’s Environment Captains, Dani Mascaros and Alaska Dixon, along with Millie Marshall, Poppy Marshall and Charlee Graham represented our school. They had made some observations about items found in the sanctuary, where they had come from and who may have been responsible for leaving them. They concluded that many items had come from school possibly left directly or blown in. Other items however clearly had been left by adults and older teenagers using the sanctuary out of school hours. Of course educating our own students would be easy but the group had to develop an idea of educating the wider school community too. The group designed a guided walk that would engage and educate all uses of our sanctuary. To do this the girls have made their own website, enhanced with photos taken by Millie. To access the website each page has been attached to a QR code. So to learn about the sanctuary you are a simple scan away. Although they have presented their prototype walk to the Coastal Ambassadors there is still a little bit of work to be done before they launch the walk to the general public. They hope to do this before the end of Term 4. Watch this space and keep your eyes open for the QR codes appearing in the sanctuary in the near future.

Walk to School Month

Cowes Primary School is taking part in the Vic Health/Bass Coast ‘Walk to School Month’ initiative. Research shows that students who arrive at school in an active way are more engaged and productive during the day. Every child will have the opportunity to record whether they came to school in an active way (and whether they plan to return home in the same way). This data will be collected and entered after the 31/10/16. The school will be eligible for prizes based on the number of kilometres travelled to and from school actively. The police and Bass Coast council will also offer prizes for students being safe and responsible on their route to school. In addition to these prizes individual prizes will also be offered each week. These prizes will be made public via the Vic Health Walk to School Facebook page and Twitter feed.

Walk to School this October and kick-start your child’s active habits for life.

VicHealth’s Walk to School month encourages primary school children to walk, ride or scoot to and from school throughout October, to help them get the 60 minutes of physical activity they need each day.

Walking to and from school can also give you more time to connect and chat with your kids, and the opportunity to meet up with other local families along the way.

If you can’t walk all the way, your child can still get involved – simply drive part way and walk, ride or scoot the rest!

Your family can get involved

Taking part through your child’s school

If your child’s school is taking part in Walk to School, your child’s teacher will record how many times students walk to and from school during October, using a classroom calendar. Schools with the highest participation levels in each region will be eligible for some fantastic prizes - so each time your child walks, they’ll also be increasing their school’s chances!

Taking part online

If your child’s school is not taking part in Walk to School, your child can still participate, and make their walking count, by signing up, with your permission, via the Walk to School website www.walktoschool.vic.gov.au. Your child can then keep track of their walks during October, and contribute to the state-wide effort taking place during October.

Competitions and prizes

Regardless of how many times they walk, children can enter fun walking-themed competitions each week, and have a chance of winning some fantastic prizes. Competitions will be promoted on the Walk to School website and Facebook page throughout October.

Our community partner

Walk to School 2016 is proudly supported by our Official Community Partner, Melbourne City FC.

Schools and students participating in Walk to School 2016 will have the chance to win fantastic prizes from Melbourne City FC.

More information

walktoschool@vichealth.vic.gov.au
www.walktoschool.vic.gov.au
www.facebook.com/WalkToSchool
twitter.com/WalkToSchoolVic

What information will be collected?

Why does VicHealth collect information about school and student Walk to School participation?

By collecting information about participation, VicHealth will be able to work out new and better ways to encourage children to be active.

VicHealth will use the data we collect to see how much walking is happening in different parts of Victoria, and to measure the impact of Walk to School on walking behaviour. We will use aggregate data for individual schools, schools within a region, and schools in the state, so we can evaluate participation, identify walking trends and behaviour, and measure program
effectiveness. VicHealth may publish Walk to School results at the school or state level in VicHealth publications or other publications.

Classroom calendars

If your child’s walks are recorded on a Walk to School classroom calendar, your child’s teacher will record your child’s name, how many times they usually walk to and from school each week, and how many times they walk to and from school during October.

Schools will be asked to provide a summary of their participation data to VicHealth in November 2016. If schools ask VicHealth or the Walk to School coordinator at their local council for assistance, VicHealth or the local council may collect the school's classroom calendars to summarise and report the school’s participation. VicHealth may also collect and analyse a sample of classroom calendars to understand student walking patterns.

Walk to School website

VicHealth administers the Walk to School website. If you register your child online, you will need to provide your child’s name and user name, password, and email address (optional). We won’t ask for your child’s date of birth, phone number or address.

To collect information about your child’s walking activity, we’ll ask how often your child usually walks to and from school each week, the distance you live from school, and which days they walked during October. We will provide an online map to help you work out how far you live from school, but will automatically delete the addresses you enter on the map as soon as you close that page.

Who will have access to participation data?

Information collected on classroom calendars will only be accessed by your child, your child’s teacher and your school’s Walk to School coordinator. If schools ask VicHealth or their local council for assistance, VicHealth or the local council may collect the school’s classroom calendars to summarise and report the school’s participation. VicHealth may also collect a sample of classroom calendars to understand student walking patterns. VicHealth and local councils will securely store and destroy classroom calendars once summary data has been reported.

Information collected on the Walk to School website will only be accessed by your child and VicHealth. Your child’s name or user name is only collected to allow VicHealth to administer the online student portal and create aggregated participation reports. If you choose to provide an email address as part of your child’s profile, the email address will only be used to provide you with information about Walk to School 2016 and to allow your child’s user name to be recovered or their password to be reset if they are forgotten.

We may post some entries from our weekly competitions on our website and Facebook page. We will ask you directly for your permission before posting your child’s entry online.

VicHealth may share de-identified participation data with our evaluation team at Deakin University for the purposes of analysing and reporting on the outcomes of Walk to School.

VicHealth will securely store and destroy classroom calendars once analysis has been completed. Only aggregated data will be used for reporting, and no individual will be identified. All personal information about your child will be securely stored and destroyed by June 2017.

What if I don’t want my child to participate?

Participation is voluntary, as is the collection of personal information.

If your child’s school is taking part in Walk to School but you do not want your child’s teacher to record how many times your child walks to and from school during October, ask your child’s teacher not to include your child’s name on their Walk to School classroom calendar.

If your child has been registered on the website, and you want their profile deleted, you can delete it or ask VicHealth to delete it.

If you choose not to record your child’s walks, your child can still enter weekly Walk to School competitions during October. And of course, you can still walk to school as often as you like, and enjoy the benefits!

Your privacy

If you wish to gain access to, or request the correction of, your personal information held by VicHealth, or if you have any other enquiries regarding privacy, contact the VicHealth Privacy Officer at privacy@vichealth.vic.gov.au.
INSIDE the BRICK
BUILD · PLAY · SHARE

INTERACTIVE PLAY & LEGO MODEL EXPO
WONTHAGGI

SATURDAY 17TH & SUNDAY 18TH SEPTEMBER 2016
WONTHAGGI NORTH PRIMARY WHITE RD &
WENTWORTH RD WONTHAGGI VIC 3995
www.trybooking.com/LGKY

Discover the magic of building and join INSIDE the BRICK for an exhibition of models made from thousands of LEGO bricks, a large hands on Build Zone and sets for sale.
Proceeds go towards our work with kids with Autism Spectrum Disorders.
Find INSIDE the BRICK on Facebook and Like the WONTHAGGI Event for Daily Updates and Giveaways
More event info at www.insidethebrick.com

REGISTER NOW AT
WWW.AFLVICHOLIDAYPROGRAMS.COM.AU
AGES 5-12
$50

VICTORIA
Holiday Programs
SEPTEMBER 2016 9AM-3PM
MONDAY 19TH PHILLIP ISLAND
TUESDAY 20TH SALE
WEDNESDAY 21ST INVERLOCH
THURSDAY 22ND TRARALGON
FRIDAY 23RD WARRAGUL

FIRST 100 REGISTERED PARTICIPANTS GET A FREE FOOTY JUMPER!

LIKE US ON FACEBOOK AT FACEBOOK.COM/AFLVICHOLIDAYPROGRAMS AND FOLLOW US ON TWITTER AFLVIC HOURLY TO KEEP UP TO DATE WITH THE LATEST NEWS, COMPETITIONS AND PHOTOS.
Phillip Island’s most popular beach, Smiths Beach needs a permanent surf rescue base for patrolling lifesavers. Your support will help make Smiths Beach safer this summer.

DONATE OR VOLUNTEER TODAY
SMITHSBEACHRESCUE.COM.AU

Melbourne Show Bus
Monday Sept 19th
Depart Cowes: 8.00am
Depart Show: 3.30pm
Pickups along the way
Adults $22.00 Pen / child $18.00 (4 – 16)
Family 2 Adults 2 Child $65.00
BOOKINGS ESSENTIAL
Phone: 59 521 042 Mob: 0417 360 370
Phillip Island Tennis Club
Open Day

Sunday 2nd October 2016

For members and visitors
10.00am to 12.30pm

Free Coaching Clinic 10.00am to 11.00am
Midday: Complimentary BBQ
Radar Gun available to test your service speed
New memberships on the day receive 1 x free
group term coaching lesson

For all enquiries contact:
David Boock
Club Committee Member
david@eventsupport.com.au
0418 115 935

Term 4 Tennis Coaching Program
5-7 years: Tiny Titans Program
7-9 years: ¾ Court Program
9-above: Full Court Program
Competition Squad lessons
Adults Cardio sessions
Adult group and private lesson
Book Now!
@ Phillip Island Tennis Club (Cowes)

Phone Paul on: 0412 682 569
Email: innovativetenniscoaching@gmail.com

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Breatheln2 Yoga
STARTS TERM 4 - MONDAY 10TH OCTOBER

WE STRIVE TO MAKE A DIFFERENCE
AND HAVE A LASTING IMPACT

SPECIALY CREATED
PROGRAMS
FOR SET AGE
GROUPS THAT
HELP BUILD...

AGE | TIMES | COST
---|---|---
3-5 | 2.20pm | $48 (40 min)
6-8 | 3.40pm | $88 (50 min)
9-12 | 4.40pm | $88 (50 min)

Enrolments 10th October at 3pm

Yoga4Kids

Yoga for Kids

Wonthaggi Little Athletics Centre
Season 2016/2017

Come and Try Session
Saturday 8th October, 9.00am-10.30am

Season Commencement
Saturday 15th October, 9.00am

To register online please visit www.lavic.com.au
- select “Wonthaggi” centre.
For more information please contact Chris Terligno
0417 340 770 or check out our Facebook page.

The starting age for Little Athletics in Victoria is 5 years of age. Children must have turned 5
before registering otherwise they will NOT be covered under insurance.
Hoop Stars!
Prep - Grade 2/3
Friday Afternoon
$6 per session

- Safe & Fun
- Non-competitive
- Learning basketball skills using Games!

Enquire Today!
Phillip Island Leisure Centre
10-14 Church St
Phillip Island, Vic 3922
03 9542 2211
www.phillipisland-ymca.org.au

YMCA Gymnastics
School Age Gymnastics
New Classes Available
Thursday - Saturday
Enrol Now!!!
Age: Prep - 12 years

Enquire Today!
Phillip Island Leisure Centre
10-14 Church St
Phillip Island, Vic 3922
03 9542 2211
www.phillipisland-ymca.org.au

Junior Soccer
Indoor/Outdoor soccer program
Wednesday’s
4.50pm - 5.40pm
Prep to 9 years

NEW DAY & TIME
- Safe & Fun
- Non-competitive
- $8.00 per Session
- Term based payment

Enquire Today!
Phillip Island Leisure Centre
10-14 Church St
Phillip Island, Vic 3922
03 9542 2211
www.phillipisland-ymca.org.au

YMCA Phillip Island
8 Week Challenge
Be the best version of you!
New Day & Time
Starts Monday, 17 October 2016

What you get!
- Full access to health club & group fitness classes
- Personalised fitness program (optional)
- 2 Weekly Sessions (45 min) -
  Monday 6.30am & Friday 6.30pm
- Weigh & Measure to track your progress
- Personal training packages available
- Access to online forum
- Support form the instructors to get great results

Enquire Today!
Phillip Island Leisure Centre
10-14 Church St
Phillip Island, Vic 3922
03 9542 2211
www.phillipisland-ymca.org.au
Need help spelling, reading and writing?
English and Maths Tutoring. Primary and Secondary
Corina Suidgeest. B.A. Vis Arts, Grad Dip Ed
0435 502 693. corina.suidgeest@gmail.com
Teaching literacy using the Spalding method. We can de-code the
English language by learning phonograms (letters and groups of
letters) and the sounds they can make. Learn spelling and the rules
of English systematically.

For Sale
Mitsubishi Grandis VRX 2008
7 Seater. 151,000 kms. $12,000
neg. Heated leather seats.
Double Sun Roof.
Full Mitsubishi Service history
Excellent condition. Call Shellie 0439 652 645.

Inverloch & District ASD Support Group
Parents, family and carers of children who have an Autism
Spectrum Disorder (autism, aspergers syndrome, pdd-nos etc)
are warmly invited to attend the following meeting of the
Inverloch & District ASD Support Group. Our support group
meets on the first Wednesday of the month during school term.
Time: 10.30am - 12.30pm 5 October, 2 November & 7
December. Where: Inverloch Hub – large meeting room that
opens out to the playground. 16 A Beckett Street Inverloch .
Tea & Coffee provided at no cost. All welcome to join us for a
cuppa and a chat while the kids can play in the playground. We
provide support, information sharing and social get-togethers.
We also carry some information on services in the local area.
For more information, please Google the Autism Gippsland
website. Any enquiries, please contact Julie on 5657 4248 or
Tona 0407 622 949 tonaleo@me.com

Housekeepers/Cleaners wanted
Cowes Resort requires housekeepers for regular Friday work.
Experience not essential, training available on site. Working
hours between school drop off and pick up. Contact: Heidi or
Stuart Hawking. Phone 59 52 2188 between 9am & 5pm.

Futsal Program - Indoor Soccer
Futsal Clinic is holding coaching clinics for the
September holidays for all age groups at the Cowes Beach.
For information contact:
CEO of Futsal Management PTY LTD.
Business: 8609 1377 Mob: 0406 487 704
Email: futsal.management.pty.ltd@gmail.com
http://futsalmanagementpt.wixsite.com/mysite
We are also looking for Coaches & Coaches Assistance to partici-
pate in our Spring & Summer Camp of Futsal on
Phillip Island coming up Very Soon !!!!!!

Garage Sale
24 & 25 September
27 Chillingworth Rd, Cowes.
Sam onwards.

Nippers Program
Woolamai Beach Surf Lifesaving Club’s 2016-7 Summer
Nippers program will run from 29 December 2016 to 5 January
2017. In a fun environment, children meet new friends and
learn water safety and survival skills. The Nippers program
provides a point of entry into the surf lifesaving movement
while promoting a healthy and active lifestyle. Most days of
the program will run at the Woolamai Waters beach.
Enrolments open at 7pm on Friday 7 October 2016. Last
year the program sold out in just a few days, so parents are
encouraged to enrol their children promptly to avoid missing
out on a place. A current working with children check must be
held by at least one parent at the time of enrolment. Further
information, including fees, age for participation, volunteers
and sponsorship opportunities, is available on the club’s
website at www.woolamaibeach.asn.au (at Nippers tab) or by
emailing nippers@woolamaibeach.asn.au